Parthenia “Polly” McGowan Arrington was born in Jackson Mississippi, being a military child, she spent her childhood travel the United States and Overseas with her parents who were both active-duty Army soldiers. It was during her fifth-grade year that Polly made the decision that her career path would be medical as well as service oriented. She became a teen mother at the age of fifteen and got married to her first husband at age 17. While enduring a physically, mentally, and emotionally abusive marriage. She continued her education by graduating from high school and taking college classes. At the age of eighteen she became a Certified Nurses’ assistant. It was at age 21 that she left her marriage and set out the rear her

three small children as a single parent. She moved to Columbus Georgia with her mother to make a fresh start.

Polly continued her love for service and healthcare by joining the US Army at age 22 as a Medical Specialist. She continued to take college classes, and care for her three children. At age 31 she became a Licensed Practical nurse, and continued her education to become a Registered Nurse At Albany State University which she achieved in 2015, she continued her education at Albany state and in 2017 she

graduated with her Bachelor of Science in nursing, and in 2022 received her Master of Science in Nursing as a Family Nurse Practitioner. She is currently pursuing a dual degree as a certified nurse midwife, and her Doctor of Nursing Practice at Frontier Nursing University.

Polly is currently married to Michael Arrington, and they have a blended family of seven children between them. They are proud grandparents of nine grandchildren. Outside of her very full family and professional life, she volunteers with many different organizations. She enjoys spending time with her church family, as well as singing, reading, and building dollhouses. Polly is enthusiastic about making the

public aware of the effects of Human trafficking as well as helping victims of human trafficking to return to a life after being trafficked. It was not until Polly began her education as a nursing professional that she was able to put a name on the tyranny she suffered during her first marriage. As a trafficking survivor she

is aware of the difficulties victims have when attempting to live a normal life. Polly also spends time helping to feed and clothe and uplift under privileged youth.

Polly has held several City, State, National and international pageant titles. She has worn the titles of Ms. And Mrs. Black Globe international, MS and Mrs. All-American Woman, as well as Ms. Georgia petite America. Her Most recent titles have been Elite Ms. Mississippi Us United, and on July 27th she was crowned US United Duchess.